

NEW BOOK COVERS “THE ART” OF BUDGET TRAVEL TO ANY DESTINATION

For Immediate Release

Company: Kaleidomundi
Contact: Susanna Zaraysky
Phone: +1 408 426 5486

Travel costs continue to rise. Airlines are less flexible about baggage rules and ticket changes. These days, how does one see the world without mortgaging the farm?

In her book, *Travel Happy, Budget Low: Over 200 Money Saving Tips to See the World*, veteran traveler and linguist Susanna Zaraysky gives us a primer on how to travel well yet frugally anywhere in the world.

While most travel guidebooks are location specific, *Travel Happy, Budget Low* gives us the practical tools for budget globetrotting. With more than 200 personal tips and 160 Internet resources, the book covers everything from frequent flyer mile tricks to free accommodations. Other topics include health & safety rules, packing, the world of passports and visas, communication technology, transportation, unfamiliar food, and more.

“Budget travel,” Zaraysky states, “does not mean you must travel on dilapidated and smelly buses or spend the night in rundown hostels. There are many, many ways to travel well at a low cost.” Comical and bizarre anecdotes from Zaraysky’s personal adventures will make you laugh as well as learn a thing or two in service of your next trip abroad.

Travel Happy, Budget Low will be published in June 2009 as a part of the Create Your World book series along with, *Language is Music*, a guidebook for learning foreign languages easily using music, radio, TV, film and other free and low-cost resources.

From February to April 2009, Zaraysky ran an online contest allowing interested readers to read the draft versions of *Language is Music* and *Travel Happy, Budget Low* online. Readers were encouraged to contribute their best language learning and budget travel tips and stories to the Create Your World Books Contest. Praxis Language, Travel Document Systems, Kaehler World Traveler, Le Travel Store, Calling Cards.com and Adventure Medical Kits sponsored the contest with prizes. The contest winners were: Marc-Aurèle Brothier, Gerald Comisar, Anita Goldwasser, Connie Gray, and Phil Harris.

Susanna Zaraysky has traveled to over 50 countries and has lived in nine. She speaks seven languages. It is her mission that we become global citizens by traveling internationally and communicating in the local languages.

Full Contact Information:

Susanna Zaraysky
Kaleidomundi
P.O. Box 1253
Cupertino, CA 95015
Phone: +1 408 426 5486
info@kaleidomundi.com

www.kaleidomundi.com, www.createyourworldbooks.com

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